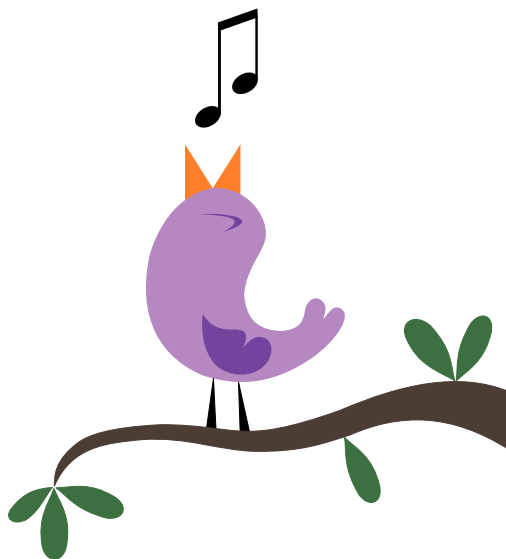




PARENT MENTOR'S NEWSLETTER

MARCH 2023



DID YOU KNOW...

On February 26, 1987 President Ronald Reagan officially declared Proclamation 5613 making March National Disabilities Awareness Month. The proclamation called for people to provide understanding, encouragement and opportunities to help persons with disabilities to lead productive and fulfilling lives.



Upcoming Event

*Mark your
calendars...*

Join us for a Parent Workshop where Attorney Martin Pierce and John Huisman will discuss Advance Directives, Estate Planning Issues, Conservatorships, and Special Needs Trusts/ABLE Accounts.

March 23rd, 2023

6:00 P.M. @ Catoosa Citizens For Literacy

36 Muscogee Trail

Ringgold, GA 30736



EVERY CHILD.
EVERY DAY.
WITHOUT
EXCEPTION

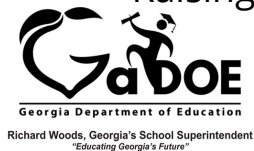


Check out the P2P Calendar.
They are offering SO MANY good
webinars on transition.

<https://www.calendarwiz.com/calendars/calendar.php?crd=trainingcalender&PHPSESSID=ea75cbad2f6fa887ad215a5405befb4f&jsenabled=1&winh=654&winw=1366&inifr=false>

Please RSVP by sending a text to 423.326.7569, or email Rebekah Angle, Parent Mentor, at Rangle@catoosa.k12.ga.us

2023 Annual Parent Involvement Survey for Georgia Families Raising a Student with a Disability



Georgia Department of Education, (GaDOE)
Division for Special Education
In Partnership With
Parent to Parent of Georgia (P2P)

Please complete the online survey to make your voice heard.

Why are you being asked to complete a Statewide Survey?

In order for all students to graduate prepared to achieve a lifetime of success, families need to be an important part of the school team. It is critical that the GaDOE assist local school systems in partnering with families to raise the achievement rate for students with disabilities. Completing this survey will assist in achieving this goal.

Who is being surveyed?

The GaDOE is surveying parents of students with disabilities throughout Georgia.

What will be done with the information collected?

GaDOE Division of Special Education will work collaboratively with Parent to Parent of Georgia (P2P), the statewide Parent Training Information Center, to identify needs in family involvement within the state and local districts based on statewide survey results.

Who will see your answers?

Individual answers are kept confidential. Each response will be coded by a number – not a name.

How do you complete the survey?

You may complete the survey online in English and Spanish at

<https://survey.gadoe.org/SPEDParentSurvey>

~~www~~.www.p2pga.org www.parentmentors.org.

Why do you want to know my child's ethnicity & disability?

Geographic area, ethnicity, and disability group data are collected to ensure the results are valid and reflect the overall demographics of the state. Be sure to indicate ethnicity as requested.

Who do you contact for help with completing the survey?

Parent to Parent of Georgia at 800-229-2038 /www.p2pga.org.

Special Education Help Desk at 404-657-9968

You may also call your local school system's Parent Mentor.

To find out if your system has a Parent Mentor on staff, go to www.parentmentors.org



Georgia
Parent Mentor
Partnership



Parent to Parent
OF GEORGIA



The Parent Mentor's job is to help our parents that have children with disabilities. The Remind app is a great way to stay in touch, receive great resources, and be able to ask for assistance, if needed. I will also be sending out information for our upcoming Parent Trainings for our transition families.

Sign up for important updates from Rebekah Angle.

Get information for **Rebekah Angle, Catoosa County Parent Mentor** right on your phone—not on handouts.

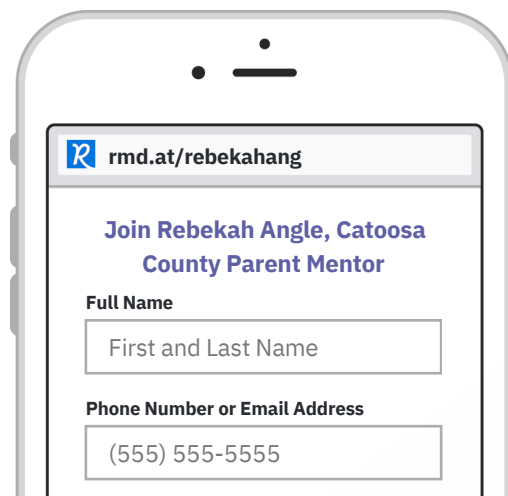
Pick a way to receive messages for **Rebekah Angle, Catoosa County Parent Mentor**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/rebekahang

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

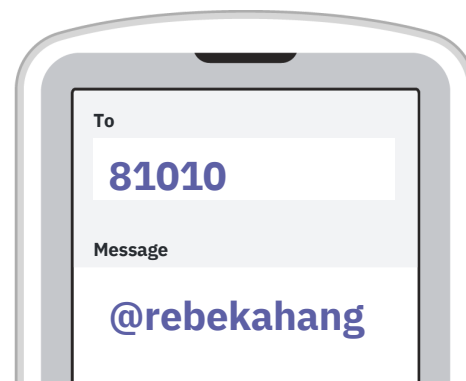


B If you don't have a smartphone, get text notifications.

Text the message [@rebekahang](https://www.instagram.com/rebekahang) to the number **81010**.

If you're having trouble with **81010**, try texting [@rebekahang](https://www.instagram.com/rebekahang) to **(303) 731-4514**.

* Standard text message rates apply.



Don't have a mobile phone? Go to rmd.at/rebekahang on a desktop computer to sign up for email notifications.

SNAPS

Special Needs and Parent Support

Bringing families of exceptional children/adults with special needs together to offer support, resources, and social connection as they navigate life.

WHO:

Middle, High, and Post High School Families with a child with exceptional needs.

WHAT:

SNAPS is a gathering of families that offer social support and time with other families and individuals with exceptional needs. This gathering is led by two awesome mamas of students with special needs, Tonita Stickney and Rebekah Angle.

WHEN & WHERE:

4th Thursday of March, April, & May
6:30 - 8 pm
LIFT Youth Center
7197 Nashville Street
Ringgold, GA 30736

Questions?

Contact Tonita Stickney,
email: tonita@lift-ringgold.org
phone: 706-935-5438
LIFT-ringgold.org/SNAPS



A monthly
gathering of
Parent Support
and Student
FUN!

Scan
QR code
to RSVP



LIFT
YOUTH CENTER INC

Parent Support Group



The Parent Support Group, hosted by Anna Shaw Children's Institute, meets on the second Tuesday of each month at 11:00 am.

- CHILDREN ARE WELCOME
- SNACKS ARE PROVIDED

Please RSVP by calling
Heather Mallett at
 706.226.8911

Southern Magnolia room on the lower level
Anna Shaw Children's Institute
1201 Burleyson Road
Dalton, Georgia

Join Our E-mail List!



QR Code Scanning Instructions:

1. Open your camera app on your smartphone.
2. Hold your device over the QR code so that it's visible on your smartphone's screen.
3. Follow the instructions on the screen to open the link or visit the link provided above.
4. Scroll down to the "Join Our Mailing List" Form

Anna Shaw Children's Institute follows social distancing and CDC safety guidelines.



Anna Shaw
Children's Institute

HamiltonHealth.com/children



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**SPRING 2023
REGISTRATION
BEGINS
MARCH 1!**

ALL DESERVE THE CHANCE TO PLAY SPORTS!

SPRING SEASON: April 15 – May 20, 2023

Miracle League of Chattanooga allows individuals with any physical or cognitive challenge the opportunity to play the game of baseball.

- Ages: 4-99
- Takes place at Miracle League Complex at Warner Park in Chattanooga
- **Orientation:** April 8 from 10 a.m.-12 p.m. at Rotary Field
- **Cost:** \$30 (Financial Assistance Available)
- Buddies will be provided to players for the Spring 2023 Season
- For more information, contact Tori Glover at 423.266.3766 or tglover@ymcachattanooga.org



YMCA OF METROPOLITAN CHATTANOOGA
301 W. Sixth Street Chattanooga, TN 37402
ymcachattanooga.org



Our Mission:

To put Christian principles into practice through programs that build a healthy spirit, mind and body for all

Horseback Riding Day Camp

FREEDOM RANCH



CONFIDENCE



SOCIAL SKILLS



MOTOR SKILLS & FUN!

SpiritHorse is an "all abilities" riding program. Horseback riding has been proven to help improve confidence, motor skills, social skills, and is a great recreational activity! Horses stimulate the senses in a number of ways that are beneficial for people with certain disorders, such as Autism. The rider's vision, hearing, sense of touch, and smell are all stimulated by the sounds, smells, and feels of the horse itself.

Our goal is for each camper, at their own pace, to gain a deeper understanding of themselves and their relationship with other people in a healthy, natural setting. Emphasizing a friendly and noncompetitive environment, we aim to provide camp memories that serve as inner resources for building character later in life.

OUR RANCH

Freedom Ranch Equestrian Centre is on 63 acres with two lakes and lots of wonderful horses where campers can explore the beauty of nature, try new things and make lifelong friends.



REGISTER TODAY to join the adventure

CAMPER'S NAME _____ AGE _____

PARENT/GUARDIAN _____

HOME PHONE _____ CELL PHONE _____

ADDRESS _____

CITY, STATE, ZIP CODE _____

EMAIL _____

DIAGNOSIS (if any): _____

ACTIVITIES

- Horseback Riding
- Horse Care
- Team Building Activities
- Outdoor Yard Games
- Arts & Crafts
- Water Activities
- Self-Esteem Building & Inspirational Time

COME JOIN US THIS SUMMER
9:00 AM — 4:00 PM

MAY-JUNE | **JUNE**
29 - 2 | 5-9 | 12-16 | 19-23

Cost : \$250.00

FOR DETAILS, PLEASE CONTACT:
423-421-3205
ginger@freedomranchga.com

MAY-JUNE | **JUNE**
29 - 2 | 5-9 | 12-16 | 19-23

AMOUNT ENCLOSED: \$ _____

Please cut this panel and mail to:

SpiritHorse at Freedom Ranch
P.O. Box 826 • Tunnel Hill, GA
30755

We will be in touch with you!



- 5 days and 4 nights of camp excitement and fun!!
- Serving rising 1st-12th graders, with weekly sessions catered to each specific age group.
- Plenty of activities and adventures combined with intentional daily worship and bible study.



**JOIN US
THIS
SUMMER!**



FOR MORE INFORMATION VISIT

WWW.CAMPLOOKOUT.COM



Celebration Camp (Ages 15-adult)

\$550.00

This camp session is designed to offer youth (minimum age 15) and adults with developmental disabilities an outdoor living experience in a God-centered community through worship, adventure, and play.

- 5 days and 4 nights of camp fun and excitement
- Check-In Monday at 1:30 pm, Check-Out Friday at 10:00 am
- Must be ambulatory and able to care for own personal and restroom needs
- Optional activities could include: swimming, dancing, making crafts, archery, low ropes course, lake paddling, guitar, creek walk, games, climbing walls, zip-lines, sling shot, high ropes, fishing and spending time with the horses at the Camp Lookout barn
- Off-Site Field Trip
- Nightly parties and events, including a carnival, dance, and talent show
- Daily worship and singing

DAY CAMP W/ THE LEARNING CENTER

Day Camp at The Learning Center (5-Day)

K-12th | 9 AM-4 PM | \$400 (lunch not included)

Day Camp at The Learning Center (3-Day)

K-12th | 9 AM-4 PM | \$300 (lunch not included)

Day Camp at The Learning Center | Holiday Weeks (4-Day)

K-12th | 9 AM-4 PM | \$320 (lunch not included)

LC Before Camp

K-12th | 7:30 AM-9 AM | \$75 for 5-day and \$45 for 3-day

LC After Camp

K-12th | 4 PM-6 PM | \$75 for 5-day and \$45 for 3-day

Lunch & Snack Add-On

K-12th | \$10/day | Can be added to any Day Camp

All-Inclusive Package

K-12th | 7:30 AM-6 PM | \$550 (includes lunch)

Learning Center Aid for Specialty Camp

K-12th | 9-12 or 1-4 | \$125 half-day | \$250 full-day

Parents MUST contact program director to discuss accommodations prior to registration.

**Scholarships available for Learning Center campers.
More information coming Feb. 15, 2023**

<https://www.ccsk12.com/camps-clinics/day-camp-with-the-learning-center>

Camp ZooAbility Lottery Sign Ups (Summer 2023)

WHAT: Camp ZooAbility is a week-long Day Camp based out of the Chattanooga Zoo in June and July for individuals ages 6 and older who have intellectual and/or physical disabilities, and siblings. Weeks are age specific. Daily activities include, but are not limited to: arts & crafts, Zoo exploration, animal enrichments, group activities, swimming, a grand finale talent show, and much more!

WHO: Individuals ages 6 and older who have intellectual and/or physical disabilities and their siblings. *Please note: The Chattanooga Therapeutic Recreation Services Division is not staffed to support campers who are unable to control violent behavior, or who need significant help with toileting or dressing. Camp ZooAbility strives to have low camper/counselor ratios in order for all campers to be successful. However, we are currently not equipped with the staffing to provide 1:1 for all campers.

WHEN: Camp is Monday - Friday and each week is divided up by age group:

Week 1: (6 -12 yrs) June 19 - 23

Week 2: (13-21 yrs) June 26 - 30

Week 3: (22 yrs and up) July 10 - 14

TIME: 9am-2pm daily

How to Apply:

A lottery system of random selection will be utilized in order to ensure fair and equal opportunity to participate in camp this year. To add your camper's name to the list for randomized selection, you must contact Elaine with this info:

- Camper's Name and Age
- Contact Phone Number
- Subject line of "Camp ZooAbility"

We will be collecting names from 2/17 - 3/5.

All names will then be submitted into the lottery system and all interested parties will be notified by 3/10 of lottery results.

CONTACT: Please direct any questions to Elaine Gossett
eadams@chattanooga.gov or (423) 643-6607

Project SEARCH

Work Based internship that helps promote-Problem solving, Adult thinking processes, Team Work, and Social relationships.

March 24th Assessment Day

Entrance Criteria:

- Be at least 18 years of age.
- Completed high school credits necessary for graduation.
- Meet eligibility requirements for Vocational Rehabilitation.
- Have independent daily living skills.
- Maintain appropriate behavior and social skills in the workplace.
- Take direction from supervisors and change behavior.
- Be able to communicate effectively.
- Be able to pass a drug screen, felony check, and immunizations up to date.
- Have the desire and plan to work competitively in the community at the conclusion of the Project SEARCH program.

Please contact Marlene Haralson ASAP if you are interested in seeing if your child is eligible. You can reach Marlene at 706.965.4052, or email her at mharalson@catoosa.k12.ga.us